

Wolf Den Schedule and Announcements February 2019

(All activities presented by Project id)

Welcome to the Wolf Den! We are open Wednesday thru Saturday evenings from 6-9 PM. Please schedule transportation to arrive <u>no earlier than 5:45 PM</u> for drop off and schedule pick up for <u>no later than 8:45 PM</u> to allow volunteers to close the rec center by 9:15 even if buses are late. We can not guarantee the doors will be open before 5:45 PM so plan accordingly as the weather changes rapidly at times..

ATTENTION—We have no closures planned the month of February unless weather would precipitate one. If the weather or roads our questionable, please watch our Facebook, website and/or call 509-474-7185 or 509-850-1489.

Events this month:

Community Meeting - February 6th at 7 PM. It's a time to share your voice and learn about new things!

<u>Bingo -</u> Our bingo masters, John, and Rich, will be hosting games on Saturday the 2nd and Saturday the 16th. Lots of new prizes coming!

Craft Nights

Marlayna has big plans for crafts on Wednesdays. Included this month -create unique valentines, sign up for a hat decorating class (limited space), origami, candy centered flowers and new to the program, a writing class during craft time to help those interested in writing their names more legibly, writing phrases and names in cards and other useful words.

Girl's and Guy's Night Out will alternate months now. This month is Guy's Nite Out which will be held on Tuesday February 19th! Join John for a fun guy's only event.

Thursday Bible Study

Thursday nights 7:15– 8 PM Join Sara and Stephani as they teach, pray and have fun!

"Final Friday" Night Event

Final Friday is February 22nd. This month we will have an extra special event. We will be hosting a Valentine Dance in the multipurpose room. Date or stag either is fine.

Friendship Church

This church is <u>by and for those adults with intellectual disabilities and their family and friends.</u> The service includes worship, a Biblical lesson, snacks, coffee and crafts. Friendship Church meets on <u>Sunday mornings from 11 am- 12 pm</u>. Contact Project id with questions.

Monday Night Fellowship - 7-8 pm

(buses to arrive no earlier than 6:30 pm and pick no later than 8:30 pm)

A wonderful time of worship, praise and prayer with Rick and Lisa Pasani

Project id Classes

- Enjoy Literature— Return to younger years and relax as classic and wonderful books are read to you. First book up will be The Lion, The Witch and The Wardrobe and will begin on Friday the 8th. This book has it all and way more than the movie.- excitement, suspense and great characters!
- <u>Health and Wellness</u> Let's learn about healthy living while having fun. Date and time to be announced..
- <u>Friendship</u> Trouble making friends or keeping friends, ending up in too much drama or pressure? This
 class is for you! Date and time to be announced.

Food!!

Don't forget our spectacular WolfPack Café! We now have a member run café that features choices of soup, sandwiches, treats and surprises each available for \$0.25 up to \$1. We are now using this as a tool to enhance job training skills for members interested in food services, money management and decision making for all members. Lattes' and Italian sodas are an extra cost.

Servant's Heart-Special Events for Members to Volunteer:

A chance for members to practice giving back to our community... No events scheduled this month.

Attention: Membership Program Fees

A \$25 per month program fee is requested by the 5th of each month unless other arrangements have been made. Remember, you can sign up for automatic withdrawal via a credit or debit card if that is easier. (We do not have the capacity to do a transfer of funds at this time – only via debit or credit card...) We do not refuse anyone for inability to contribute. If you can not afford the fee, let us know so we don't misuse administrative services trying to connect with you. Questions? Call us at 509-475-7185.

General info:

- 1. We are always working hard to decrease relationship drama at The Den. Please be aware that these kind of behaviors are against our Code of Conduct and persons engaging in spreading rumors or creating drama can be subject to our disciplinary procedures just as those that act out behaviorally.
- 2. Washrooms are to be used one at a time at The Den. No group bathroom breaks!
- 3. We are a smoke, vape and chew free zone except in our designated smoking area. Please try not to take smoke breaks during your 3 hours here. If you can not refrain we allow one 5 minute smoke break with permission and a volunteer escort.
- 4. No one is allowed to exit the building alone after arrival without permission
- 5. We also prohibit use of personal electronic equipment (phones, tablets, iPods, etc.) without specific permission. If we perceive it to be a problem for a member or a group we reserve the right to ask them to check the device in until departure time unless needed for a specific urgent request.

ATTENTION: Volunteer Hours

Volunteer hours - each member is suggested to perform a minimum 2 hours of volunteering per month. Contact Dixie at Project id (850-1489) to schedule to complete hours outside of regular Den hours or sign up at The Den during check in for a specific task to be completed that evening. We can find tasks to meet any member's needs This is part of teaching our members ownership and responsibility. Also, as a totally volunteer run organization we can not maintain the facility adequately without our members. Parents, Guardians and House Parents, please encourage your members to help.

WolfPack Special Olympics

Basketball is winding down... Comgratulation to all our teams that advanced to regionals and those now heading to state! Up next, track and field and soccer which will begin early April. For questions re: WolfPack Special Olympics call Dixie at 509-850-1489. Always looking for coaches! As for coaches—experience in a sport is not mandatory. There are teams for all levels. Don't let a "disability" hinder you from participating!

• All activities and areas are open and available for members use every night. While activities may be suggested or offered, the purpose of The Den is to allow members to make their own choices and plans with their peers.