



Wolf Den Schedule and Announcements January 2020

(All activities presented by Project id)



Welcome to the Wolf Den! We are open **Wednesday thru Saturday evenings from 6-9 PM**. We do not open our doors until 5:45. Please schedule transportation to arrive **no earlier than 5:45 PM** for drop off and schedule pick up for **no later than 8:45** to allow us to close by 9:00 even if buses are late. We can not guarantee the doors will be open before **5:45 PM** so plan accordingly.

*****CLOSURES*****

Our Wolf Den facility will be CLOSED
Friday January 24th.

We will all be at the Hockey Game!

Events this month

Eastern Washington University Hockey Game Jan 24th. 7pm
All Wolfden members and caregivers admitted FREE!
University Rec Center (URC)
1007 Elm St. Cheney WA

Advisory Board meeting - Second Friday of the month Jan 10th at 4PM.
Drop off no earlier then 3:45 pm.

Community Meeting - First Wednesday of the month– Wed Jan 8th at 7 PM.
It's a time to share your voice and learn about new things!

Bingo - John will be hosting Bingo on Saturday Jan 11th and Jan 25th.

Craft Nights

Cheryl has big plans for crafts on Wednesdays–primary theme will be “Let it Snow”!

Zumba Class

Wednesday Nights

Girls Night

Tuesday Jan 21st from 6-8.

Drop off no earlier then 5:45 and schedule pick-up for 7:45pm.

Thursday Bible Study

Thursday nights 7:15– 8 PM

Join Sara and Stephani as they teach, pray and have fun!
(No Bible Study Jan 16th.)

“Final Friday” Night Event

Movie Night Friday Jan 31st

Toy Story 4 with free popcorn and sodas.

Friendship Church

This church is by and for those adults with intellectual disabilities and their family and friends. The service includes worship, a Biblical lesson, snacks, coffee and crafts. Friendship Church meets on

Sunday mornings from 11 am- 12 pm.

Monday Night Fellowship 7-8 pm

(buses to arrive no earlier than 6:30 pm and pick no later than 8:30 pm)

A wonderful time of worship, praise and prayer with Rick and Lisa Pisani.

Food!!

Don't forget our spectacular WolfPack Café! We now have a member run café that features a main course that is **FREE!** We are now using this as a tool to enhance job training skills for members interested in food services. Coffee (\$.50), Pop (\$.50), Lattes' (\$2.75) and Italian sodas (\$3.00) are an extra cost as are surprise treats, popcorn and desserts (\$.25).

Attention: Membership Program Fees

A \$30 per month program fee is requested by the 5th of each month unless other arrangements have been made. Remember, you can sign up for automatic withdrawal via a credit or debit card if that is easier. (We do not have the capacity to do a transfer of funds at this time – only via debit or credit card...) We do not refuse anyone for inability to contribute. If you can not afford the fee, let us know so we don't misuse administrative services trying to connect with you. Questions? Call us at 509-475-7185.

General info:

- 1. We are always working hard to decrease relationship drama at The Den. Please be aware that these kind of behaviors are against our Code of Conduct and persons engaging in spreading rumors or creating drama can be subject to our disciplinary procedures just as those that act out behaviorally.**
- 2. Washrooms are to be used one at a time at The Den. No group bathroom breaks!**
- 3. We are a smoke, vape and chew free zone except in our designated smoking area. Please try not to take smoke breaks during your 3 hours here. If you can not refrain we allow one 5 minute smoke break with permission and a volunteer escort.**
- 4. No one is allowed to exit the building alone after arrival without permission**
- 5. We also prohibit use of personal electronic equipment (phones, tablets, iPods, etc.) without specific permission. If we perceive it to be a problem for a member or a group we reserve the right to ask them to check the device in until departure time unless needed for a specific urgent request.**

ATTENTION: Volunteer Hours

Volunteer hours: Each member is encouraged to perform a minimum 2 hours of volunteering per month. Contact Marlayna at Project id (970-319-9427) to schedule to complete hours outside of regular Den hours or sign up at The Den during check in for a specific task to be completed that evening. We can find tasks to meet any member's needs This is part of teaching our members ownership and responsibility. Also, as a totally volunteer-run organization we cannot maintain the facility adequately without our members. Parents, Guardians and House Parents, please encourage your members to help .

WolfPack Special Olympics

**Basketball practice (see schedule)
West Central Community Center
1603 N Belt St. Spokane**

Always looking for coaches! As for coaches—experience in a sport is not mandatory. There are events for all levels. Don't let a “disability” hinder you from participating—our athletes don't!!!!

- All activities and areas are open and available for members use every night. While activities may be suggested or offered, the purpose of The Den is to allow members to make their own choices and plans with their peers.***