





Project id Newsletter, December 2024

## The Giving Season Kicks Off TODAY with

### Giving Tuesday!

There is a reason we give. We give our time, our talent, donated items and financial support. But we give because of a deep understanding that another person needs us. We understand that there are people in our community that cannot live life as we do because they have a disability. I want to introduce you to one of the most underserved communities within our community. To many, they are almost invisible. They are adults with intellectual and developmental disabilities who often cannot live alone, require a 24 hour caregiver, cannot drive and cannot work. Many are in their 60s, 70s or 80s. They do not have surviving family and live in care homes. We want to raise awareness so people realize and understand what this group of innocent people goes through every day just to live and be able to have love and support, and peers and activities.

What would you do if you only received \$70 a month and you had to choose between a \$60 para transit bus pass or other life essentials. During this season of giving we are asking for your support so these amazing people do not have to choose. With your gift they will be able to enjoy time in their community, a movie, a meal, a fun activity and a safe place to enjoy all of these opportunities with caring staff. Please support our members and this underserved community today by giving a gift and providing what they need. You can be a "Santa" this year for someone who remains a child like believer in all good things.

Give a gift today.



### Project id is Celebrating 10 Amazing Years

2024 marks the 10th anniversary of Project id, and we are celebrating a decade of providing programs for our members. A decade of providing a safe place, friends, community and support.

Project id was founded by Dixie and Pat Costigan and it is their vision of something better for their child that drove this important mission. Witnessing their own child lose so many life supports was just too painful. We are so proud of this milestone and what it means. It means that adults with intellectual and developmental disabilities are receiving the support they need and enjoying time with friends and the opportunities to join their community, enjoy activities and excursions and be supported by friends and caring staff.

These people are pure in their hearts and want nothing more than acceptance. There is nothing more heartwarming than walking into the Wolf Den and having many member voices calling out hellos and excited to share time with you.

Please join us this holiday season in celebrating all the members in our care and 10 years past and the next 10 years to come.

**Give Your Support Today!** 



Project id is celebrating its 10th anniversary! I am writing to express my thoughts on the vital importance of serving adults with intellectual and developmental disabilities (IDD) within our community We serve this need through recreational programs, initiatives like the Special Olympics, and addressing spiritual needs through Friendship Church, our worshipping community.

First, recreational programs are essential for fostering inclusion and community engagement. These programs provide a platform for adults with IDD to develop new skills, and they promote social interactions which break down barriers and build friendships. Participation in sports, arts, and various recreational activities cultivates a sense of belonging. Individuals engage with their peers and the broader community in meaningful ways. The Special Olympics exemplifies this beautifully as it empowers athletes to highlight their talents and achievements while promoting awareness and acceptance.

Moreover, addressing spiritual needs of adults with IDD are paramount for overall well-being. Our Friendship Church creates an inclusive environment where everyone, regardless of their abilities, can participate in worship and fellowship. By offering tailored spiritual programs, we ensure that individuals feel welcomed and valued. This enriches their spiritual lives and strengthens the community through a culture of compassion and understanding.

Our community initiatives are not just beneficial to those with IDD; they enrich the entire community! Embracing diversity and supporting the needs of all individuals creates a more vibrant, empathetic, and united society.

I urge you to consider the impact that support for adults with IDD has on our community. Let us work together to celebrate their abilities and foster an inclusive spirit, making our community a better place for everyone!

Thank you for your attention to this important matter. I look forward to discussing how we can partner together to have influence in the lives of adults with intellectual and developmental disabilities!

Warm regards,

Executive Director, Project id

Bob Hutchinson

# Members Enjoy the Wolf Den!













# Members Enjoy Daily Excursions!



### Project id Continues to Provide:



- A safe and inclusive space for all members with an intellectual and or development disability (ID/DD).
- Activities and excursions meant to engage members in the community.
   This provides social skills practice.
- Special Olympics teams in multiple events throughout the year providing recreation and interaction with peers.
- Recreation, socialization and opportunities for personal development.
- A vibrant and thriving ID/DD community where members are supported in a nurturing environment.
- Compassionate and creative staff to support members.



#### Opportunities:

- Volunteer- Share your time with our members. We need volunteers for the center, excursions, events and Special Olympics practices and competitions.
- Talent- Do you have a skill you can instruct our members in? Lets set up some "classes" for our members.
- Influence Please like, share, link and comment on Project id posts on social media. Help us get our message out to the community so we can assist all people who identify as Intellectually and developmentally disabled.
- Donate Please share a gift with Project id of \$30 a month or more, to support a member. All gifts of any size are used to provide activities and programs for our members.
- Join us for upcoming activities including the 2nd annual "An Evening for Friends" concert November 2, 7 pm at the Montvale Event Center.
- #projectidspokane #projectiddonate #projectidmember #projectidvolunteer

Bob Hutchinson, Project id
Executive Director for 10 years.
Please contact me with any questions regarding Project id.

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